

ABC Behaviour Tracking Chart

Adapted model of ABC Behaviour Chart

* Indicates required question

1. Student involved in behaviour *

Check all that apply.

- ☐ Student 1
☐ Student 2
☐ All of the above

2. Behaviour Intensity *

Mark only one oval.

- ☐ Severe (3)
☐ Moderate (2)
☐ Mild (1)
☐ All of the above

3. Where the problem took place/What the problem was *

Check all that apply.

- ☐ Late arrival
- ☐ Entering class in the morning
- ☐ Demanding/Unfamiliar Task
- ☐ Internal State - Fatigue/Ill
- ☐ Transition from preferred activity
- ☐ Transition between classes
- ☐ After recess
- ☐ After washroom break
- ☐ Request ignored or denied
- ☐ Verbal instructions
- ☐ Attempting to communicate with adults
- ☐ Peers
- ☐ Participating in a group
- ☐ Asked to do something/school work
- ☐ Asked NOT to do something
- ☐ Perceived threat to self-esteem

4. Types of Challenging Behaviour *

Check all that apply.

- ☐ Grabbing/throwing/taking things from others
- ☐ Refusing to stop a behaviour after a request is made
- ☐ Distracting others
- ☐ Rude or mean to peers
- ☐ Shouting during lesson
- ☐ Shouting during work time
- ☐ Loud, challenging tone of voice
- ☐ Refusal to work
- ☐ Passive refusal and withdrawal
- ☐ Verbal aggression
- ☐ Destructive
- ☐ Making distracting noises
- ☐ Other: _____

5. Duration *

Mark only one oval.

- ☐ < 1 min
- ☐ 1 - 5 mins
- ☐ 5 - 10 mins
- ☐ 10 - 30 mins

6. Management of Behaviour *

Check all that apply.

- ☐ Calm tone, reminder and redirection
- ☐ Proximity control
- ☐ Non-verbal cue
- ☐ Restated desired behaviour
- ☐ Given choice
- ☐ Calm time/walk
- ☐ Loss of privilege
- ☐ Behaviour ignored
- ☐ Helped to resolve source of the problem (i.e. provided assistance when asked politely)
- ☐ Distracted
- ☐ Peers relocated
- ☐ Other: _____

7. Additional Notes

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